

FREEMOTION.

# EPIC FREE WEIGHTS

THE POWER OF LIFTING



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### GEAR UP

The EPIC Free Weight line combines traditional function with world-class engineering and modern design. Heavy-duty frames, convenient weight plate storage, safety enhancements, and adjustable seating with improved comfort and durability, all work together to provide users with a rewarding and efficient strength workout.

# EPIC FREE WEIGHTS

## INDUSTRIAL CONSTRUCTION

With 11 and 7-gauge steel tubing that is electrostatically powder-coated with paint that has undergone 2,000 hours of salt spray testing, we built the EPIC Free Weight line to last.

## COLOR OPTIONS

Achieve the perfect look for your facility with five standard frame colors and five upholstery options. Custom frame color options also available on request.

## ENHANCED SEAT PADDING

The redesigned polyurethane seat features double-stitched vinyl to provide 4x the durability while also increasing comfort.

## KICK PLATES

Constructed with 16-gauge steel and coated with a highly durable, non-slip LINE-X®, these kick plates will successfully protect your equipment and help keep users safe.

## EASY MANEUVERABILITY

Easily lift and roll benches to their desired location with the convenient 2 in / 5 cm wheels.

## MULTIPLE SEAT POSITIONS

Quickly adjust seat positions to the desired setting with simple pop-pin adjustments.

## MEET MEMBER NEEDS

With multiple bar settings and other customizations, users of different heights and abilities can quickly personalize their workout.

## INCREASED PRODUCT STABILITY

Further enhance user safety, by using the pre-drilled holes to bolt the EPIC Free Weight line directly to the floor.



**FLAT BENCH #EF201**

PRODUCT DIMENSIONS (LxWxH)  
55 x 29 x 17 in  
139.7 x 73.6 x 43.1 cm



**ADJUSTABLE BENCH #EF203**

PRODUCT DIMENSIONS (LxWxH)  
58 x 28 x 51 in  
147.3 x 71.7 x 129.5 cm



**SEATED BENCH #EF204**

PRODUCT DIMENSIONS (LxWxH)  
56 x 29 x 41 in  
142.2 x 73.6 x 104.1 cm



**ABDOMINAL BENCH #EF213**

PRODUCT DIMENSIONS (LxWxH)  
59 x 34 x 41 in  
149.8 x 86.3 x 104.1 cm



**DIP CHIN-AB #EF207**

PRODUCT DIMENSIONS (LxWxH)  
47 x 48 x 93 in  
119.3 x 121.9 x 236.2 cm



**45° BACK EXTENSION #EF206**

PRODUCT DIMENSIONS (LxWxH)  
40 x 27 x 53 in  
101.6 x 68.6 x 134.6 cm



**PREACHER CURL #EF205**

PRODUCT DIMENSIONS (LxWxH)  
44 x 30 x 40 in  
111.7 x 76.2 x 101.6 cm



**OLYMPIC FLAT BENCH #EF202**

PRODUCT DIMENSIONS (LxWxH)  
64 x 65 x 51 in  
162.5 x 165.1 x 129.5 cm



**OLYMPIC INCLINE BENCH #EF214**

PRODUCT DIMENSIONS (LxWxH)  
63 x 65 x 51 in  
160 x 165.1 x 129.5 cm



**OLYMPIC DECLINE BENCH #EF215**

PRODUCT DIMENSIONS (LxWxH)  
45 x 62 x 89 in  
114.3 x 157.4 x 226 cm



**MILITARY PRESS #EF216**

PRODUCT DIMENSIONS (LxWxH)  
52 x 73 x 70 in  
132 x 185.4 x 177.8 cm



**OLYMPIC SQUAT RACK #EF212**

PRODUCT DIMENSIONS (LxWxH)  
58 x 69 x 73 in  
147.3 x 175.2 x 185.4 cm



**SMITH MACHINE #EF211**

PRODUCT DIMENSIONS (LxWxH)  
56 x 91 x 94 in  
142.2 x 231.1 x 238.7 cm



**PLATE LOADED CALF #EF222**

PRODUCT DIMENSIONS (LxWxH)  
50 x 45 x 71 in  
127 x 114 x 180 cm



**PLATE-LOADED SQUAT #EF217**

PRODUCT DIMENSIONS (LxWxH)  
75 x 57 x 68 in  
190 x 144.7 x 172.7 cm



**PLATE-LOADED LEG PRESS #EF218**

PRODUCT DIMENSIONS (LxWxH)  
82 x 69 x 58 in  
208.2 x 175.2 x 147.3 cm



**TWIN TIER DUMBBELL RACK #EF209**

PRODUCT DIMENSIONS (LxWxH)  
30 x 91 x 31 in  
76.2 x 231.1 x 78.7 cm



**BARBELL RACK #EF210**

PRODUCT DIMENSIONS (LxWxH)  
32 x 30 x 52 in  
81.2 x 76.2 x 132 cm



**OLYMPIC WEIGHT & BAR RACK #EF219**

PRODUCT DIMENSIONS (LxWxH)  
22 x 31 x 50 in  
55.8 x 78.7 x 127 cm